

HEATHER ANN NICHOLSON
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1. Coaching levels completed: Skate Canada- Canskate Professional Coach
2. Skating tests completed: Gold dance test and Gold interpretive dance
3. Years of coaching experience: 20+ years
4. Years as a skater: A lifetime- since childhood
5. Coaching philosophy:

My coaching philosophy is to share my passion for ice-skating and the spirit of the sport itself.

I really love to arrive at the rink and see all those smiling, happy, and friendly faces from pre-schoolers to adults waiting for me to help start their skating day.

It especially pleases me to have the ability to be very patient with young children and bring out a special bond for both student and teacher alike.

I coach to promote good health and skating skills through innovative methods. I try to instill a true love of the sport for all participants young and old so that all may continue to be a part of our great sport of ice-skating for a lifetime.