

My name is Cheryl Ong-Tone and I am a Level 1 figure skating coach. I started skating in the Pointe-Claire CanSkate Program when I was 9 and instantly fell in love with the sport. Since then, I pursued my passion for figure skating and started competing and taking private lessons. I could not have asked for better coaches throughout the years. They have all inspired me to grow as a skater, as well as an individual, and I thank them all very much.

Now, many, many years later, I still love to be on the ice! Since my coaches were such great influences on me, I wanted to give back and do the same for the up and coming skaters. I believe that every skater has their own potential and that it is the coach's job to find out what it is and develop the skaters to the best of their abilities, all the while enjoying themselves. I want to bring out the passion and joy to the skaters that was brought out in me while I was a skater.

I look forward to meeting you all this year and I wish you all a great skating season!

Cheryl